

URBAN HEALTH

at WAYNE STATE'S COLLEGE OF NURSING

FALL 2017

Family Bonds

Ph.D. graduate Dalia Alhasanat researches ways to help Detroit mothers and newborns thrive



**WAYNE STATE
UNIVERSITY**

Detroit, Michigan

Welcome to **URBAN HEALTH**

Nursing students received more than \$411,000 in College of Nursing scholarships for 2017-18.



The College of Nursing was one of only 28 nursing schools nationwide to receive the Robert Wood Johnson Foundation Future of Nursing Scholars award in 2017.



A \$1.8 million U.S. Health Resources and Services Administration grant was awarded to the College of Nursing in 2017 to increase nursing education opportunities for individuals from disadvantaged backgrounds.



2018
BEST

U.S. News & World Report ranked the college among the top D.N.P. and M.S.N. programs in the nation and #2 in Michigan in its *2018 Best Graduate Schools Guidebook*.

Wayne State B.S.N. graduates excelled in national nursing licensure exam (NCLEX-RN) results. In 2016, the college had a 94.32% first-time pass rate compared to 84.57% nationwide.



WAYNE STATE
College of Nursing



Greetings from the Dean

Opening doors: Yesterday, today and tomorrow

As Wayne State prepares for its sesquicentennial celebration in 2018, I am inspired by the College of Nursing's place in this important milestone. For the past 72 years, the college has served as a national leader in both nursing education and knowledge generation.

The work we do builds upon the legacy of those before us, and contemporizes the vision of founding Dean Katharine E. Faville. We continue to support her legacy of leadership and are grateful for the many contributions to nursing science from our notable alumni and former faculty (a very few of whom are highlighted on page 40). Because of them, we are able to keep a sharp focus on the future.

The college remains steadfast in its distinctive focus on issues of urban health and health equity and in its commitment to student and faculty success. This spring, *U.S. News & World Report* recognized these efforts when it ranked Wayne State's M.S.N. program No. 48 in the country, up from No. 70 the previous year, and its D.N.P. program No. 38 in the country, up from No. 62. This rise in the rankings in a single year is quite remarkable; it places our graduate nursing programs as the second highest ranked in Michigan. Additionally, our B.S.N. students continue to pass the NCLEX-RN licensing exam at rates well above the state and national averages.

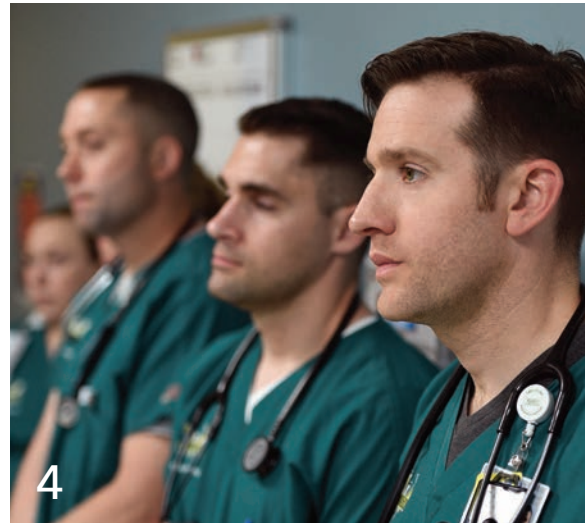
The Richard A. Cohn Building, our college's home and literal foundation, has been maintained and thoughtfully updated over the last 58 years. Previous renovation projects have focused on elements of formal learning such as classroom upgrades. A contemporary nursing education recognizes the equal importance of informal learning opportunities for student success and broadened aspirations.

To address this need, we aim to provide a dedicated space by 2020 in which to build community. This professional home — referred to as the Student Commons — will be a large, dedicated, flexible space on the third floor of the Cohn Building. It will open the door to students for studying, learning, mentoring and collaborating, as well as access to both group and individual study and technology resources. (See page 26 to learn more about construction plans and donor opportunities.)

One thing is certain as we continue the College of Nursing's legacy of opening doors, providing a top-notch nursing education and contributing to groundbreaking nursing research: Our foundation is strong and our future is bright.

Dean Laurie M. Lauzon Clabo, Ph.D., RN

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We know
NURSING.



ALL FOR ONE

The first B.S.N. for Veterans cohort nears graduation



From left: Brandon Templeton, Kate C. Pearsall, Olivia Lewis, Ashley Stewart, Dana Miller, Matthew Peters, Margaret Lally and William Sommerville



When the WSU College of Nursing established a Bachelor of Science in Nursing for Veterans pathway two years ago, you could say it was built around a credo long-employed by members of the armed forces as a guiding principle: *Nemo resideo* — leave no one behind.

Wayne State was one of only 31 schools in the nation to receive funding from the Health Resources and Services Administration of the U.S. Department of Health and Human Services, in collaboration with the Department of Defense and Department of Veterans Affairs. The \$1 million grant, awarded over three years, supports the development of a program earmarked for military veterans — specifically those interested in becoming nurses who have already accumulated at least 30 college credits.

Unique to the program is assistance targeted to specific veteran needs. Academic credit is awarded for prior health care experience and training, and courses build upon what veterans have learned in the military. And nobody is in it alone.

Knowing that members of the military already are accustomed to achieving goals within their assigned unit, the college grouped all eight participants in each cohort together, knowing they would naturally depend upon each other for strength, support and camaraderie.

“The first cohort quickly developed a strong bond,” says Program Director Sandra Oliver-McNeil, D.N.P., ACNP-BC, AACCC. In addition to time in class, they had four hours of tutor-led study sessions each week at the beginning, and then another two hours of mandated studying together without the tutor. Adds Oliver-McNeil, “We saw right away that they all had similar responses to the content — that although they are diverse, their common experience means they work very well together.”

Julia Farner, D.N.P., RN, HHP, sees regular evidence of this as their clinical instructor. Farner herself served three years in the Air Force before continuing her education at Wayne State. In fact, a component of the grant was clinical instruction from a nurse faculty member with military experience. Farner says that this common experience helps her communicate with the students and understand them. “I teach other adult learners, but this group is unique in that they’re good leaders and good followers. Each has stepped into a leadership role for a certain project or clinical experience and they all defer to whoever has the most knowledge in that area. I think this has a lot to do with the military, which puts people in leadership roles at a very young age.”

The students range in age from their mid-20s to their mid-30s, says Oliver-McNeil, “but they’re all mature beyond their years.”

Cohort member Dana Miller, who served in the Army from 2009-13, says, “We work very well together and this really shows when we go to the Sim Lab; we are constantly told we have excellent teamwork skills. It helps that we are not in competition with each other — we genuinely want everyone to succeed.”

Oliver-McNeil says that is evident to all: “We hear from our faculty that this cohort offers a different insight into the coursework than other students because of their military experience,” she says, adding that the group all served post-9/11, and some are combat veterans.

Tactical maneuver

In addition to military veteran instructors and organized study groups, the 18-month accelerated program includes counseling and support services through Wayne State’s Office of Military and Veterans Academic Excellence and clinical education primarily occurring at the John D. Dingell VA Medical Center.

"I provide health care to the men and women who served our country before I was even born, let alone before I identified as a veteran myself," says cohort member Olivia Lewis. "Every day I meet individuals who devoted so much of themselves to making America the place in which I'm so grateful to live, and having an opportunity to provide them with the care they deserve has been rewarding."



Clinical Instructor Julia Farner (left) leads the cohort through rounds at the John D. Dingell VA Medical Center in Detroit.

Oliver-McNeil says that key to the program's success is its built-in support: "Veterans won't ask for help. We just tell them they have to do something and they do it. We don't wait until they are in jeopardy; we're evaluating them and providing support every step of the way."

Now seven new students are about to experience the same thing — the second B.S.N. for Veterans cohort began classes this fall. And the college is in the process of admitting a third cohort, with applications being accepted through January 2018. (Visit nursing.wayne.edu/bsn-veterans for details and to apply.)

Miller says she can recommend the program wholeheartedly: "I am amazed by the passion and commitment of the College of Nursing faculty. To hear them talk about this career field is almost like hearing parents brag about their kids. Before I started school, I knew nurses were the backbone of the health care team, but now I really get to see this in action. We are the patient's advocate in every sense of the word."

A salute to the first cohort

| MARGARET LALLY

On active duty for almost eight years in the Navy as a surface warfare officer, Margaret Lally currently serves in the Navy Reserves. Originally from metro Detroit, she chose WSU due to its nationally ranked accelerated nursing program and diverse urban location.

Lally especially appreciates the opportunity to do rotations at the VA Medical Center: "It continues to reinforce the need for and the value of great nurses. It is extremely rewarding and an honor to be involved in the care of those who served in the military."

She says she has truly enjoyed the program because of her cohort: "They are extremely talented, humble and dedicated. We are each other's friends, family and support network in this program, and the friendships will continue long after we graduate."

| OLIVIA LEWIS

"I've wanted to be a nurse my entire life," Olivia Lewis says. "My mom loves to tell people about how I would cut open my stuffed animals just to suture them with dental floss." The military presented a way for her to pursue that dream without putting herself or her parents in a great deal of debt. Lewis worked in a weapons department on small arms and underwater warfare, where she says she gained resilience and fortitude that have helped her in the B.S.N. program.

Originally from Harper Woods, Michigan, she chose WSU because she wanted to be an active contributor to Detroit's resurrection. "Wayne State is in the heart of the city, and it provides an opportunity to celebrate my city's strengths and identify firsthand where change needs to be made," Lewis says. "I'm dedicated to providing care for the homeless population. Down the road, I have dreams of starting a second career in health care reform and legislation."

She says the program has given her a sense of fulfillment, and has allowed her to reflect on her military experience with a deep sense of gratitude, adding, "There is no way I would be as successful in this program without my cohort. We celebrate each other's strengths and rally around each other's weaknesses. There's no pride, no shame, no sense of competition — we are direct with each other and we don't hesitate to correct each other's mistakes, because we recognize our mission to provide the best care possible as the utmost priority."

| DANA MILLER

In February of her senior year in high school, Dana Miller signed up to be an Army medic — with her parents by her side because she was only 17. After basic training, she arrived at her duty station in Hawaii in March 2010 and learned she'd be deploying to Afghanistan the following year. In areas around Jalalabad, she was attached to a military police platoon, where she served until March 2012. After her discharge in 2013, she knew she wanted to pursue health care, and nursing eventually called to her.

Her sister's friend was about to graduate from the WSU College of Nursing and told her it was very veteran friendly. "She was right," Miller says. "The staff at the Office of Military and Veterans Academic Excellence, as well as my advisors, made the experience stress-free and smooth." Once on board, Miller found rotations at the VA Medical Center to be especially rewarding: "We can relate to the veterans on a more personal level because we have similar backgrounds. We understand the veteran mindset." This is important, she says, because "they trust nurses in the unfamiliar world of the health care system to advocate for what's right for them."

Miller is happy that her military experience "counted for something in the civilian world," adding, "It was also a great feeling to be part of the first group to ever go through this pathway — to be trailblazing for future veterans."

| KATE C. PEARSALL

While serving as a captain in the Michigan Army National Guard, Kate C. Pearsall flew medevac. Being surrounded by paramedics led to an interest in nursing. She credits her military background for playing a major role in being accepted to the WSU College of Nursing. Says Pearsall, "While I don't think learning at the VA Medical Center for rotations would be different than any other hospital with regards to my studies — nursing school will always be tough — I have learned a lot from each patient due to our similar histories."

Pearsall says going through the program with a cohort has been key: "We work as a team. I would not be able to get through these courses without their help. Working together is faster and guarantees success."

After satisfying her military obligations following graduation, Pearsall says she would like to gain enough experience to become a flight nurse.

| MATTHEW PETERS

Matthew Peters was a Marines platoon sergeant in a supply company. While deployed to Iraq, he served as a squad leader attached to an explosive ordinance disposal, and it was there that he developed a strong interest in the health care field and nursing. He took prerequisites at Madonna University and was in the nursing program at Schoolcraft College when he learned about Wayne State's B.S.N. for Veterans pathway.

"I was always interested in attending Wayne State but I did not have the GPA to gain entrance into the nursing program," Peters says. "So I was very fortunate once this program came out and was lucky enough to gain acceptance into it."

He says his cohort is like a family. "We have been together since the beginning and we all have each others' backs," he says. "I wouldn't have made it as far as I have without these people and the support from the B.S.N. for Veterans faculty. They take great care of us."

| WILLIAM SOMMERVILLE

"I loved military health care and was drawn to trauma care as well as community health, especially in Third World nations with limited access," says William Sommerville, who spent nearly eight years in the Army as a combat medic or health care specialist in South Korea, Kuwait, Iraq, Oklahoma, Texas, Georgia and Afghanistan. "Upon getting out of the military, I questioned if I made the right choice," he says. But the College of Nursing program "has emphasized that service doesn't end at raising your right hand; I can serve the vulnerable and needy once again."

The VA Medical Center, in particular, has helped him stretch his skills: "We see some people with very complex and complicated issues, requiring an extra emphasis on critical thinking."

Sommerville says the cohort has been the best part of the program. "I love having individuals I trusted and respected around me again — true battle buddies," he says.

"This group is smart, driven, compassionate and offered great support through tough times. Many of us have had other stressors during this program, including births, deaths and marriages. The strength of the group has gotten us through."

| ASHLEY STEWART

A member of the Army National Guard since 2012, Ashley Stewart currently serves on an active drilling basis. She's a paralegal and has been a paramedic since 2005, which is what brought her to nursing. "This program has made a huge difference to me because it allowed me to start an education in nursing, finish in a shortened time and start a second career," she says. "The cohort is excellent, and I can't imagine going through a program this intensive without the group."

She appreciates that the pathway accommodates people with unconventional backgrounds who might otherwise have a hard time getting into nursing school, noting, "They deserve the chance because they have strengths that a lot of younger or more conventional students may not."

After graduation in December, Stewart plans to move to Texas with her husband, a physician on active duty.

| BRANDON TEMPLETON

Originally from Westland, Michigan, Brandon Templeton was attending Schoolcraft College when he received an email from the school's veteran advocate telling him about Wayne State's B.S.N. for Veterans pathway. "My military career helped me to afford college," he says.

As a member of the program's first cohort, he enjoys his time at the VA Medical Center, working with veterans from World War II, Vietnam and the Korean War, saying, "Taking care of heroes like that makes you want to be good at your job."

He says that even in a short time, the cohort has come together as a group. "It's good to be around like-minded individuals again," Templeton says. "This is a tough program, and working together has really helped us all do our best." Templeton is looking forward to the possibility of a pediatric ER position following graduation. 🙌



MAKING CONNECTIONS

For this forward-thinking Board of Visitors member, engagement is key

Growing up in Franklin, Indiana, Board of Visitors member Sue Webb-Dickson had a clear plan for her future. “I always wanted to be a nurse,” she says. “My dad kept saying, ‘It’s a good profession. You’ll always have a job,’” she recalls, chuckling. “He was right.”

After earning her B.S.N. from DePauw University in 1970, Webb-Dickson found an additional goal to set her sights on: moving to the Motor City. “I was lured by the ads in *The American Journal of Nursing*,” she says, reflecting on how Henry Ford Hospital furnished apartments for nurses at Lafayette Towers. Sure enough, Webb-Dickson made the move to Detroit, launching

her teaching career at Henry Ford Hospital’s School of Nursing — an experience she looks back on fondly.

“It was like a family,” she says. “We probably had 30 apartments full of nurses at the time.” Not only did she relish the camaraderie but she was able to see the impact to community health she was making. “For a while, I was teaching OB because it depended upon the time of the year that the classes were taught,” she says, noting that she focused on OB during the fall (where it wasn’t uncommon for her to participate in events ranging from alternate clinical days to La Leche League meetings), medical-surgical nursing during the winter (which saw her taking part in the annual Health-O-Rama screening initiative at malls throughout the metro area) and psychiatric nursing during the summer.

Early in her career, Webb-Dickson was drawn to further her education at Wayne State University’s College of Nursing and was pleased to learn that she could earn her master’s degree while still working “down the street” at Henry Ford Hospital. “I knew I could go to Wayne State part time until I had to take physiology, which was three days a week,” says Webb-Dickson, who remembers attending classes alongside her colleagues from Henry Ford Hospital. She earned her M.S.N. with a focus on medical-surgical nursing from Wayne State in 1977.

After Henry Ford Hospital’s School of Nursing graduated its last class in 1996, Webb-Dickson began teaching in the College of Nursing at Wayne State — using her graduate education to prepare the next generation of medical-surgical nurses. She recalls the importance of this course for emerging nurses. “They really made connections,” she says of those upperclassmen. “They’d have anatomy and physiology and fundamentals, and they’d think, ‘Why am I having to learn all this?’ Then, in med-surg, the light bulb went on in their heads.”

Paying it forward

After 15 years as a College of Nursing clinical instructor, Webb-Dickson retired in 2011 — though she actively plays a key role at her alma mater, where she is a constant presence at events such as the White Coat Ceremony. Committed to helping a new generation of nursing students prepare to excel, she also launched an endowed scholarship for College of Nursing students with longtime friend and fellow faculty member Kathy Keves-Foster. “We both had our bachelor’s education paid for by our fathers, and neither one of us had children,” Webb-Dickson says. “We thought it would be nice to help somebody else get their bachelor’s.”

With its unique position to address various issues in urban care, Webb-Dickson believes that the College of Nursing is stronger than ever.

A former member and president of the college’s Alumni Board, she is passionate about her role on the Board of Visitors. “It’s important to have alumni involved so they know what the school is doing now,” says Webb-Dickson, who is confident that her involvement can help the college continue to thrive. “When the College of Nursing reconstituted the Board of Visitors, there were three choices of what your area of interest was. I chose to focus on alumni because I think it’s important to have

them engaged, but also because I know a lot of alumni who I’ve had as students.”

She finds herself face-to-face with former students in places both expected and unexpected. “When I’m a patient, I often run into them,” she says. “I’ve interacted with them in the recovery room when I’m waking up from surgery. It’s great to see them in a professional situation.”

And, as Dean Laurie M. Lauzon Clabo explains, that feeling is likely mutual. “Sue Webb-Dickson is a visible model of a successful leader,” Clabo says.

Associate Director of Philanthropy Regina Sharma echoes Clabo’s sentiments and also considers Webb-Dickson’s comprehensive experience critical to the College of Nursing’s success.

Continued on page 19

GLOBAL HEALTH NURSING EXPERIENCE

Over the 2017 spring break, 12 WSU nursing alumni, students and faculty embarked upon a self-funded educational trip to Kenya. They visited a dozen schools to offer health education and distribute sets of handmade washable and reusable sanitary pads to 1,100 middle school-aged girls.

Between school visits, WSU travelers shadowed nurses in hospital settings in Maseno and Narok, and accompanied community health workers to home visits, which focused on safe latrine education and HIV supportive care.

The following students and alumni joined trip leaders Belinda Aberle, M.S.N., RN, APHN-BC, and Joan Bickes, D.N.P., RN, PHCNS-BC: Amanda Berishaj, Stacey Dropiewski, Regina Eburuche, Krysta Forrester, Rachel Guevara, Fatima Hamadi, Constance Kalte, Katie Lepar (B.S.N. '16), Evan Mason and Fallon Vasiliauskas.



Kenya ★



GREAT EXPECTATIONS

Dalia Alhasanat envisioned her ultimate goal – and achieved it





Dalia Alhasanat (right) conducts a consultation at the ACCESS Community Health and Research Center in Dearborn.

After successfully defending her doctoral dissertation on the topic of postpartum depression and acculturation among immigrant women of Arabic descent and earning her Ph.D. from Wayne State University this spring, Dalia Alhasanat received the offer of her dreams. She is now a tenure-track assistant professor in the College of Nursing.

“During my first visit to Michigan for my Ph.D. program orientation, I knew Wayne State was right for me,” says Alhasanat. “I found everyone very welcoming and supportive, and knew it was the best place for my research.”

She had considered staying at the University of Pittsburgh, where she’d started her master’s program and worked as a research assistant. But Detroit called to her.

Alhasanat says that the College of Nursing’s increased focus on infant mental health was key. As an undergraduate at the University of Jordan, she saw something during a postpartum ward clinical experience that stuck with her. “Many women were happy to have their babies, and excited even though they had experienced a lot of pain during delivery, while other new mothers were withdrawn and sad,” she says. “It touched

my heart to see women who said the labor pains were forgotten once they could hold their babies, but others were holding babies and not feeling happy and didn’t know why.” She wondered what the difference was, and how it could be remedied or possibly prevented.

Then she moved from her home country, Palestine, to the United States to pursue her master’s at the University of Pittsburgh and experienced pregnancy for herself. Her first son, Amar, was born in 2010 as she was still adjusting to a new world as an immigrant.

“It’s not easy being pregnant and having a baby. There are a lot of hormonal changes that affect you psychologically,” she says. “Add to that being an immigrant — having no support from friends and family, being relatively alone in a new country. There are so many more stressors.”

Alhasanat knew the warning signs and felt fortunate to not experience postpartum depression herself. “My husband was by my side the whole time — he woke up in the middle of the night to feed the baby so I could sleep,” she says. “Immigrant women often experience serious mental health problems such as depression, post-traumatic stress

disorders and psychosis due to lack of social support, marginalization and minority status, painful memories, low socioeconomic status, poor physical health, and difficulty adapting to host cultures.”

The experience of pregnancy and early motherhood while adapting to a new culture gave her further insight into an area of study that she was already well on her way toward exploring.

Alhasanat found that in the U.S., 12 to 20 percent of women develop postpartum depression, defined as depression that occurs within the first year after childbirth. When she reviewed the scientific literature, she found that among immigrant women, the rate of postpartum depression was closer to 37 percent — and up to 60 percent among Hispanic women. “But I couldn’t find research articles about postpartum depression among immigrant women of Arabic descent,” she says. “So that was my pilot study.”

In that pilot study, she discovered that 36 percent of participants (N=50) reported high risk for postpartum depression and also that lack of social support was a significant risk factor. In her dissertation study, she expanded her goals and included 115 women in her study to examine risk factors for postpartum depression among immigrant women of Arabic descent.

She was in the right place. Metro Detroit is home to one of the largest, oldest and most diverse Arab American communities in the United States, with one-third of Dearborn residents of Arab heritage, according to the U.S. Census. Since the Iraq War began, more than 4,000 Iraqi refugees have settled in the area.

Alhasanat was particularly interested in studying postpartum depression because of its dangerous consequences on mothers and children. Mothers with postpartum depression experience negative emotions that can lead to insecure attachment and inadequate parenting. She says that for children, postpartum depression can result in negative cognitive outcomes including delayed cognitive development, behavioral problems and poor language development.

Looking ahead

Alhasanat had just begun her Ph.D. program at Wayne State when her second son, Tawfiq, was born 19 months after his big brother. She proceeded to juggle motherhood, Ph.D. studies, graduate teaching assistant duties and research with work on Detroit Medical Center’s medical-surgical floor because she wanted to gain clinical experience in the U.S.

Today, she smiles at her accomplishments and knows her faculty position was worth the effort — one she says wouldn’t have been possible without

New College of Nursing faculty members Maha Albdour (left) and Alhasanat (right) were graduate students when they presented their research to conference attendees, including retired Clinical Instructor Kathy Keves-Foster (center), in April.

the encouragement of her young sons and husband, Mohammad Khalil. “It’s my pleasure to join the faculty in a tenure-track position so I’ll have time to conduct and improve my research,” Alhasanat says. “Dean Clabo has been very supportive, along with my College of Nursing colleagues and mentors during this awesome journey.”

She plans to continue her postpartum depression research, with hopes of expanding it to look at depression during pregnancy as well. She’s planning a series of longitudinal studies to understand mothers’ experiences over time, and also looking at biomarkers in blood and saliva to explore whether certain biomarkers can help predict a woman’s likelihood of developing postpartum depression.

Long-term, Alhasanat would like to develop an intervention program that would help new immigrant mothers adapt and improve their mental health, and therefore improve infant mental health.

“One of the programs that is proposed to make a difference is home visitation, when nurses are assigned to answer questions and help the women transition to motherhood,” she says. “I’m interested in studying the impact of programs where nurses visit immigrant women during pregnancy and then again at specific times postpartum, which is key for new mothers who lack social support or have a language barrier.”

Alhasanat’s new College of Nursing colleagues applaud her drive and look forward to working alongside her.

“We were so pleased to offer Dalia a position on our faculty after watching her successful trajectory in the college,” says Dean Laurie M. Lauzon Clabo. “She is a stellar addition to a team dedicated to improving health in our urban community and across the globe.”



2017 CONTEMPORARY ISSUES IN URBAN HEALTH: CONTRIBUTIONS FROM NURSING SCIENCE

Wayne State University College of Nursing hosted its inaugural Contemporary Issues in Urban Health Conference to showcase findings from nursing science on April 12 in the Student Center Ballroom on main campus. Dean Laurie M. Lauzon Clabo welcomed guests by saying, "In the College of Nursing, addressing issues of importance to our urban community is in our DNA. This work is framed in our mission — and the mission of the broader university."

The keynote speakers, two nationally renowned nursing scientists, were a significant draw for attendees. Dr. Sandra Millon Underwood (pictured, top), professor at the University of Wisconsin-Milwaukee, stressed the importance of sustained, deep engagement with communities to address health needs from the perspective of the community.

Her program of research focuses on cancer education, cancer prevention, early detection, and cancer risk management for at-risk and underserved populations. Underwood said, "If you don't truly understand where people work and live and have fellowship you don't truly understand. You've got to really see their faces."

The importance of cultural competence in research conducted in African American communities continued with Dr. Phyllis Sharps (pictured, bottom left), associate dean of Community Programs and Initiatives from the Johns Hopkins School of Nursing, in the afternoon keynote. Her experience working at the forefront of community and public health nursing and at the interface of mental and physical health have provided invaluable insight: "Nurses need to facilitate access to quality care, access to screening and to promote engagement in clinical trials," she said.

Sharps also shared knowledge gained through her program of research on the effects of intimate partner violence on the physical and emotional health of pregnant women, infants and very young children.

The college will host its second annual conference "Contemporary Issues in Urban Health: Nursing Science Shaping the Future" on April 11, 2018. 🍷



2016-17 COMMENCEMENT

Congratulations to the 227 new B.S.N., M.S.N. and D.N.P. scholars, clinicians and nurse leaders who graduated between December 2016 and August 2017.

The speaker for the May ceremony at the historic Fox Theatre in Detroit was Ph.D. graduate Maha Albdour (right), Ph.D., M.S.N., RN, APHN-BC, who is now an assistant professor in the College of Nursing.



ALUMNI

2017 ALUMNA OF THE YEAR

Cynthia Taueg,
D.H.A., M.P.H.,
B.S.N. '71



When Cynthia Taueg was a teenager at Detroit's Murray-Wright High School, Wayne State saw in her something special and offered her a scholarship to study nursing. The oldest girl of 13 children, she credits WSU's advising and financial support for helping her become the first in her family to attend college.

Five decades later, the university recognized her strengths once again when the College of Nursing presented her with the 2017 Alumna of the Year award during its Contemporary Issues in Urban Health conference in April. Dr. Taueg is now vice president of community-based health services and community benefit for St. John Providence, a part of Ascension, where she provides leadership and oversight for programs and services that address community health needs.

"Cynthia Taueg has made Wayne State proud throughout her career," says College of Nursing Dean Laurie M. Lauzon Clabo. "She embodies our urban health mission, sharing her expertise to lead programs that address the unique needs of our urban community and lead to better health outcomes for individuals, families and communities."

And she has done so from the very beginning. While working toward her bachelor of science in nursing, which she earned in 1971, Taueg had hands-on experience through WSU with the Detroit Health Department. The experience sparked her lifelong dedication to community health. Taueg found that she truly enjoyed making home visits and teaching people how best to stay healthy. "I saw the value in acute



Dean Laurie M. Lauzon Clabo (right) congratulates Cynthia Taueg during the College of Nursing's Contemporary Issues in Urban Health conference.

care, but I wanted to focus on preventing people from getting sick in the first place," she says. "I realized that through health education, I could help prevent pain and suffering."

She continued working for the city health department while working toward her master's in public health from University of Michigan and Ph.D. in health administration from Central Michigan University. After 10 years with the city, she moved on to the Wayne County Health Department, in charge of programs ranging from maternal health to TB education, and advancing from deputy director to director and, ultimately, to health officer.

While with the county, Taueg was introduced to its robust internship program. "I fell in love with mentoring," she says. "I enjoyed acquainting students with the world of community health, and mentoring is something I still do to this day."

When Dennis Archer became mayor of Detroit in 1994, Taueg was offered the city's health officer job. "I love Detroit and wanted to give back to it," she says. Although it was considered a lateral move in terms of title, Taueg says the scope of the job and its challenges were significantly different than what she had experienced in her position with the county.

Four years later, St. John Hospital — where Taueg had been serving on the board of directors — offered her a job expanding their community health efforts. "I embraced their mission of providing spiritually centered care and support of the poor and vulnerable," she says. "I knew taking that job meant I'd have lots of ways to give back."

And that she has. During her two decades with St. John Providence — whose six hospitals serve the counties of Wayne, Oakland, Macomb, St. Clair and Livingston as well as the city of Detroit — Taueg has overseen and expanded community-based programs and services including school-based health centers, grief support for children and families, health education and health literacy, infant mortality prevention, faith community nursing,

and other evidence-based programs designed to improve community health and well-being, focusing on prevention, social determinants of health, collaboration, partnerships and access to care for those at highest risk.

"These days, I oversee programs and sustain them with grant funding and donations," Taueg says, adding that an expansion she's particularly proud of is grief support for children and families. "Children don't grieve the same way adults do. Grief can affect school attendance and lead to substance abuse and violence. We need to work with kids in a different way with locations to facilitate access to support services."

She also spends a lot of her time building coalitions and partnerships throughout the community, noting that one key partnership is with Wayne State University. Taueg says she was humbled to learn she'd been named 2017 Alumna of the Year, and was delighted to accept the award during the Contemporary Issues in Urban Health conference.

"That entire event was outstanding and a testament to the fact that we need to look at the continuum of care," Taueg says. "Dean Clabo and the College of Nursing are doing a great job making sure students have the cutting-edge tools and experiences they need to succeed in a hospital setting in the context of understanding community impact on health, healing and quality of life." 🦋

Sue Webb-Dickson

Continued from page 9

"She represents the college with a unique perspective, having worn hats as a student and faculty member, and now as a dedicated donor, alumna and volunteer," Sharma says. "As a leadership volunteer, Sue not only represents us well at many events throughout the year but builds additional collaborations and connections for the college." What's more, notes Sharma, is Webb-Dickson's ability to go above and beyond.

Constant progress

With its unique position to address various issues in urban health care, Webb-Dickson believes that the College of Nursing is stronger than ever.

"Geographically, we're located strategically to both serve people in urban areas as well as for research in urban health," she says. "Right now, the college is on fire. Dean Clabo is fantastic and is such a cheerleader for the college."

Beyond the College of Nursing, Webb-Dickson is excited about the constant progress of Wayne State at large. She feels that President M. Roy Wilson is "doing a fantastic job" of leading the university. "I admire the way it's growing," she says. "It's getting much more modern. When I was in graduate school, it was just a bunch of buildings — there was nothing tying it together. Now, it looks and feels like a campus."

She continues, "Plus, it's well known internationally for its research. I think people used to say, 'Oh, I just went to Wayne.' I don't think people are saying that now; I think they're very proud of the fact that it's Wayne State University." 🦋



BREATHING EASIER

Nursing researcher seeks to improve comfort for end-of-life patients



Shortness of breath, also known as dyspnea, can cause severe discomfort in people approaching the end of life. Researchers at the WSU College of Nursing could play a crucial role in providing improved care and comfort for these patients.

Professor Margaret L. Campbell, Ph.D., RN, is dedicated to research that furthers the ability



Margaret Campbell (above) is working with a team of 12 research assistants (pictured on the previous page and at right), whose contributions she calls crucial to her study's success.

of physicians and nurses to recognize and treat dyspnea in dying patients. To assess respiratory distress in patients who can no longer self-report dyspnea, she developed and tested the Respiratory Distress Observation Scale (RDOS). This scale has been translated into four languages since Campbell and her team published it in 2010, and is used by clinicians around the world.

Since creating the RDOS, Campbell has focused her research on dyspnea treatment, particularly for patients who are removed from mechanical ventilation, a form of life support. Using the RDOS, she developed an algorithm to guide nurses and respiratory therapists through assessment and treatment when withdrawing mechanical ventilation to ensure patient comfort. Currently, no standard procedure for this exists.

"The manner in which mechanical ventilation is withdrawn at the end of life varies based on local custom, who's rounding in the unit, and on the nurses' confidence and experience," says Campbell. "Because it's not guided by an objective measure of patient distress, there are examples that I've seen in practice and in the literature of overmedication and clinical examples of undermedication."

Campbell's algorithm uses a number of evidence-based decision trees to guide nurses through the process of weaning ventilation. Clinicians monitor the patient closely. If the RDOS score increases,

signifying respiratory distress, nurses pause the treatment and administer medication until the patient is comfortable. If the score remains acceptable, the process continues without further medication.

A pilot study found Campbell's algorithm superior to unstandardized usual care. In October 2016, the National Institutes of Health awarded her a \$2.4 million grant for a five-year study in four Detroit-area hospitals, including Henry Ford, Detroit Receiving, Harper University and William Beaumont. The grant is the largest single award in the history of the College of Nursing. Findings of this study could be the first step in creating a standard procedure for ventilator withdrawal that supports patient comfort at the end of life.

The study began in late 2016, with research assistants observing nursing care and patient comfort at participating hospitals as they followed their sites' existing processes for removing ventilator support. Once the required number of patients enrolls at each site, nurses will begin using Campbell's algorithm while research assistants continue to observe nursing care and patient responses.

The decision to stop life support is made when an ICU team recognizes that the patient will no longer benefit from continued breathing support. A meeting is held with the patient's family to discuss removing life support; after the decision is made, withdrawal can happen immediately. Other times, the family chooses to wait. The timing is crucial for Campbell's team.

Program Coordinator Myung (Mae) Nordin oversees the research assistants and coordinates schedules. She says the team must remain flexible and ready to spring into action at a moment's notice.

Currently, 12 research assistants are working on the study at four sites. As the work continues, Campbell hopes to add students; given its delicate nature, choosing the right research assistants is crucial.

"Because of the sensitivity of this topic, my research assistants must have clinical experience," says Campbell. "If it were a study of 500 patients with kidney disease looking at Drug A or Drug B, I could train anybody because there's not a lot of high sensitivity in those industry-sponsored clinical trials. But nursing research is different because we're dealing with human responses; you bring that in and it's less predictable, and requires both exquisite clinical knowledge and nursing's recognized sensitivity and compassion."



Campbell hopes the study will ultimately lead to a global standard for addressing treatment of dyspnea during ventilator withdrawal, and hopes to build support for it as she shares results with her colleagues.

"Getting research findings into practice is hard because we often aren't in the clinical setting to make our findings translate. It's up to the clinicians to embrace and implement it," she says. "My hope is to make this algorithm available by publishing it, but also to be invited to places to talk and consult about how to roll it out. But it will first become the standard of care at four Detroit-area hospitals."

The study has finished its first year. In years two through four, Campbell and her team will collect results, and then analyze them in the study's fifth and final year. As the study continues, however, the focus on supporting top-notch care for patients and their families will remain.

"Providing excellent comfort-focused care to dying patients is our last chance," Campbell says. "Nurses promise terminally ill patients that we will keep them comfortable and expertly cared for until the end of life." 🌟

Shining example

Colleagues and students sing the praises of Janet Harden as she retires

This spring, laughter and tears flowed as College of Nursing faculty and staff gathered to celebrate Janet Harden, Ph.D., RN, CNAA-BC, on the occasion of her retirement as the assistant dean for Faculty Affairs.

"Janet has been a wealth of knowledge for me as a new leader," says Associate Dean for Academic and Clinical Affairs and Associate Professor Ramona Benkert, Ph.D., ANP-BC, FAANP. "She has shared her wisdom with me from her years of experience as a leader in service and in academia. One attribute that I highly value in Janet's leadership style is her ability to see the best in everyone. I will miss her wise counsel."

Since retiring on April 1, Harden has been able to devote more time to her four grandkids and 35 acres of farmland in Linwood, Michigan. She and her husband live in the rural home where she grew up, surrounded by another 38 acres of "a river runs through it" woods.

"Now that I'm retired, I miss everybody. Working at Wayne State was the highlight of my career," Harden says. "I wanted to positively impact

nursing, and was always pleased when hospital managers I worked with told me that WSU nurses have a great reputation."

And Harden was no exception, according to her colleagues. "Dr. Janet Harden is a shining example of nursing at its best," says Assistant Professor Carolyn Herrington, Ph.D., RN, NNP-BC, CLC. "She is a strong educator, caring leader, and staunch advocate for students and faculty."

Harden spent 20 years working as an RN before she began teaching others to do so. And even then, she didn't stop practicing. When she was hired by the WSU College of Nursing in 1994, she stayed on at Botsford Hospital in the Detroit suburb of Farmington Hills, knowing her hours in the critical care unit would help her at the head of the classroom.

"Keeping up my skills made me a better teacher," says Harden, who retired from Botsford just four years ago. "Students listened more closely when I gave them examples of things I had experienced throughout my career. They knew I had lived what I was teaching."

"I wanted to **POSITIVELY IMPACT NURSING**, and was always **PLEASED** when hospital managers I worked with told me that WSU nurses have a **GREAT REPUTATION.**"

That was the case with Harden's hands-on nursing aptitude as well as leadership expertise. Through her years, Harden has served in several administrative positions, and she currently sits on the Blue Care Network board of directors, elected to represent Southeastern Michigan through 2017.

A lifetime of learning

After Harden earned her B.S.N. in 1973 from Madonna University in Livonia, she began working for Henry Ford Hospital in Detroit, first in cardiology and then coronary care.

In 1975, she moved to Botsford Hospital, taking time off after the birth of first her son and then her daughter, eventually landing in the post-anesthesia care unit. In 1989, she moved on to Kern Hospital in Warren (now known as Michigan Surgical Hospital) to manage pre- and post-op. Through the years, she also completed dual master's degrees in business and nursing administration at Madonna and a Ph.D. in nursing systems at University of Michigan.

"Two weeks after I started at Kern, their director of nursing was fired and the CEO asked me to apply," Harden says. "I was hired for that position, and then three years later, when the CEO was fired, the board of trustees asked me to fill in as interim, eventually hiring me as CEO."

Whenever Harden was asked to take on a bigger role than she'd bargained for, she remembered advice her mother had given her: Do the very best job you can in whatever job you're in.

In 1994, she transitioned to WSU after spotting an ad in the paper for a nursing instructor: "I

always wanted to teach, and when I saw that ad, I thought, 'This must be what I'm supposed to do.'"

The college recognized her leadership acumen as well, naming her to a range of positions including director of the Learning Resource Center (1998-2004), interim director of the Office of Student Affairs (2001-06), interim assistant dean for Adult Health (2011-14), interim assistant dean for Adult Health and Family, Community and Mental Health (2014-16), assistant dean for Faculty Affairs (2016-17), and interim assistant dean for the Office of Student Affairs (2016-17).

"Dr. Harden has stepped up time and again to help guide the College of Nursing," says Dean Laurie M. Lauzon Clabo. "She went from entry-level clinical instructor to assistant dean with multiple roles in between, doing so with admirable grace and confidence. With Janet, it was never about her or her individual achievements. It was always about the students and advancing the mission of the College of Nursing. She is among the most humble and ethical leaders I have known. It has been a privilege to work with her."

Harden returns the praise, saying that as she walks away, she's optimistic about the future of the college led by Dean Clabo, "who brings so much wisdom from outside Wayne State."

Described by colleagues as kind, levelheaded, fair, no-nonsense, intelligent, helpful and soft but unwaveringly strong, it is clear that Harden made her mark at Wayne State. It's also clear that her dedication will live on through every student who heard her say on orientation day: "You're not learning just to pass a test. You're learning for a lifetime of practice. It's not enough to memorize it and forget it. In nursing, you've got to learn it so you can use it." 🌟



STUDENT SUCCESS



Room to grow

Over time, industrious nursing students have turned hallways into impromptu study lounges (above). Now, through donor support, a comfortable and spacious solution is in the works (artist renderings at top and far right).

New student space to promote collaboration in a contemporary setting

In its nearly 60 years as an urban hub for nursing education as the home of the College of Nursing, the Richard Cohn Building on Wayne State University's campus has seen significant changes. As the needs of nursing students have evolved over the decades, so too have the formal learning spaces — classrooms and laboratories, along with new additions such as the high-tech simulation lab.

Over time, the college has come to understand the importance of informal learning, much of which takes place outside the classroom. With this in mind, the college is turning its attention to developing an informal learning space for students, calling it "long overdue." Even with the modernizations of the Cohn Building, most students find study space in the hallways and stairwells. The Cohn Building needs a community hub where students can meet, work in teams, study effectively and collaborate on projects as they work toward becoming professionals.

That is the Student Commons — and it's all about student success.

"When the Student Commons opens, we will provide students with a contemporary space to work, relax and interact with each other," says Dean Laurie M. Lauzon Clabo. "The college opens doors as a place for opportunity in nursing education, and these students warrant a supportive, contemporary informal learning space."

The Student Commons will be an environment in which students pursue professional excellence — a place where ideas are exchanged, experiences are shared and learning is accelerated.

The area will be broad enough to contain "neighborhoods" that allow for different activities at the same time. It will be a space for study and thoughtfulness, as well as a home for the communication and collaboration that facilitate group work, a major focus of the nursing curriculum.

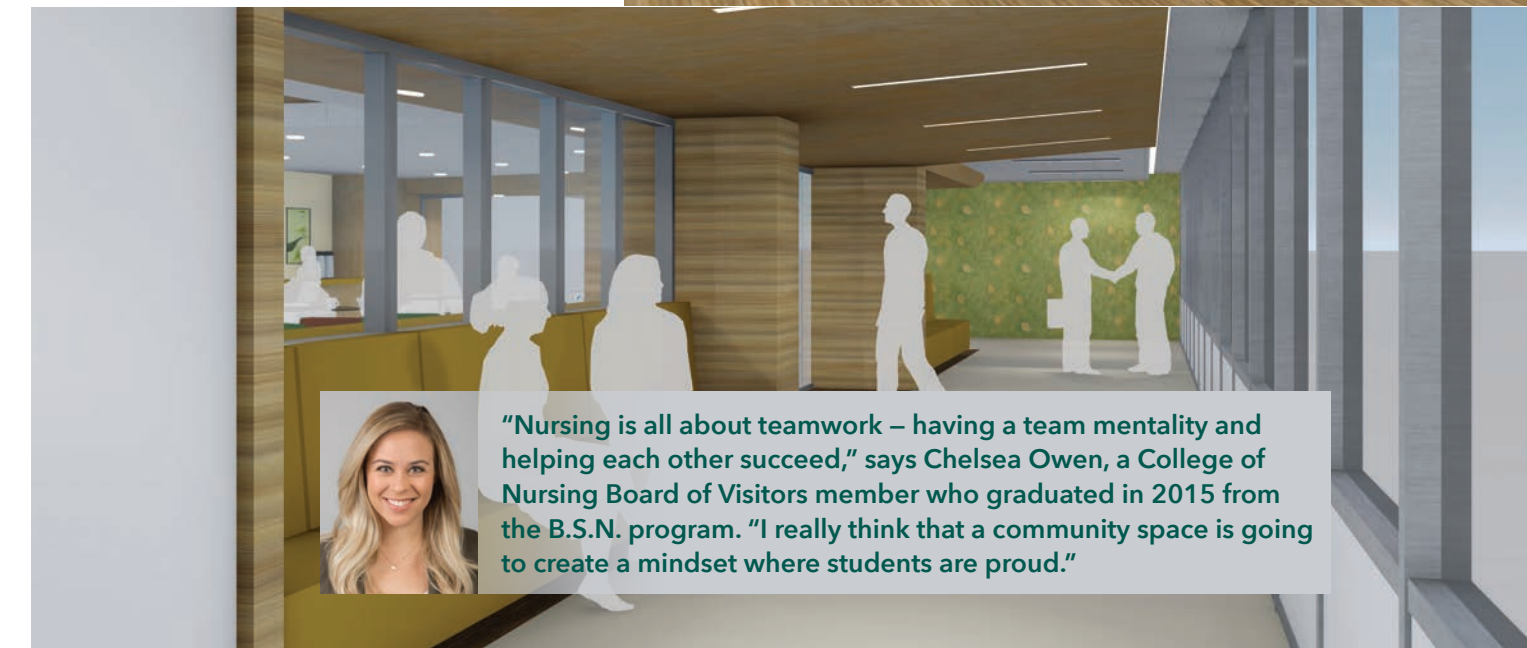
With a planned location on the third floor of the Cohn Building, the Commons will be an inviting space with natural light. "I think of the Commons less as a building renovation and more as an integral part of a package of services to support student success," says Clabo.

The College of Nursing is fully depending on philanthropy to build the Student Commons, and Clabo is confident the college community will make it happen, saying, "We have incredible alumni and friends of the college who have been very supportive of our work."

The college is seeking to raise \$500,000 by 2020, the College of Nursing's 75th anniversary.

"We're building this space together, for the next generation," says Clabo. "I think this is a real opportunity for all of us to demonstrate who we are as a community in the College of Nursing."

To make your gift to the Student Commons, visit go.wayne.edu/give-nursing or use the enclosed envelope. 🙌



"Nursing is all about teamwork — having a team mentality and helping each other succeed," says Chelsea Owen, a College of Nursing Board of Visitors member who graduated in 2015 from the B.S.N. program. "I really think that a community space is going to create a mindset where students are proud."

Past, present and

FUTURE SCHOLAR

Rising nurse scientist earns distinguished support from the College of Nursing and the Robert Wood Johnson Foundation

Just 28 schools nationwide received the prestigious Future of Nursing Scholars grant from the Robert Wood Johnson Foundation this year — and the Wayne State College of Nursing was one of them.

In an effort to increase the number of nurses holding doctoral degrees, the Robert Wood Johnson Foundation's (RWJF) Future of Nursing Scholars program provides financial support, mentoring and leadership development to nurses who are committed to earning their Ph.D.s in three years.

This is the second consecutive year that the College of Nursing has earned the grant, presented this year to Navdeep Singh. He joins an elite group of 51 nurses nationwide receiving the award this year, increasing the total number to 109 Scholars across the three previous cohorts.

In its landmark nursing report in 2010, the Institute of Medicine recommended that the U.S. double its number of nurses with doctorates in order to prepare and enable nurses to lead change to advance health, promote nurse-led science and discovery, and put more educators in place to prepare the next generation of nurses. The RWJF Future of Nursing Scholars program works to address that recommendation.

"The Wayne State College of Nursing is fully committed to helping achieve the Institute of Medicine's goal of increasing the number of doctorally prepared nurses in the United States," says Dean Laurie M. Lauzon Clabo, Ph.D., RN. "We are deeply grateful for the generosity of the Robert Wood Johnson Foundation and for the recognition of our commitment and success in the preparation of nurse researchers."

The first step for this year's cohort was a summer boot camp in Princeton, New Jersey, home of the Robert Wood Johnson Foundation, where scholars collaborated and strengthened study skills that would be essential during the Ph.D. process. "It was a great experience getting to know the other scholars — to be together with people who all have the same goal," Singh says, adding that the cohort has stayed in close touch as they've begun their first-year studies. "It's been very beneficial to have a strong support system, so we can ask each other advice, compare best practices and offer encouragement."

Singh says the RWJF boot camp opened his eyes to the significance of the Future of Nursing Scholars program. "Clinical-based nursing is crucial but Ph.D.s are the ones who promote the science of nursing," he says. "There is a need for focus on the discovery of new approaches and solutions that will benefit society."



Robert Wood Johnson Foundation

Future of Nursing Scholars

Creating a diverse cadre of Ph.D.-prepared nurses who are committed to a long-term leadership career, advancing science and discovery through research, strengthening nursing education, and furthering transformational change in nursing and health care.

Lasting influences

When Singh began the Ph.D. program at Wayne State this fall, he was not new to the university — not by a long stretch. In the '80s, his father taught at the College of Engineering while his mother pursued her Ph.D. at WSU. The family lived in the DeRoy Apartments and campus was young Navdeep's playground. Several years later, it became his classroom when he returned to Wayne State to pursue two undergraduate degrees: a bachelor's in biological sciences with honors in 2008, then a B.S.N. in 2009 through the College of Nursing's accelerated second degree program.

"Navi was bright from the beginning," says his Future of Nursing Scholars mentor and College of Nursing Associate Dean for Research April Hazard Vallerand, Ph.D., RN, FAAN, who first met him as an undergraduate student in her pharmacology class. "The students who are interested and motivated are the ones who'll pester the daylights out of you asking questions. Navi was one of those students — I knew he had potential to do big things."

After graduation, Singh took a job on the burn unit at DMC Detroit Receiving Hospital. From there, he moved to the surgical ICU, where he saw the impact of serious illness or injury on patients and families. The experience of helping those in life-threatening distress sealed his commitment to a career in pain management.

When Singh decided he would return to WSU for his Ph.D., Vallerand nominated him for the RWJF Future of Nursing Scholars award. The program provides an incentive for nurses to start their Ph.D. program earlier so they can have long research careers after earning their degrees. Currently, the average age at which U.S. nurses complete their Ph.D. is 46 — 13 years older than Ph.D. graduates in other fields. Singh is 32.

"It is an honor for Wayne State to be selected to participate in the RWJF Future of Nursing Scholars program for the second consecutive year," says Dean Clabo, noting that Jada Reeves, who was the first Future of Nursing Scholar in 2016, now serves as Singh's peer mentor as she continues into her second year. "This prestigious award will allow Navdeep to complete his Ph.D. studies in a timely manner and make substantive contributions to the discipline as a leader and researcher even earlier in his career."

Upon being named a Scholar, Singh went to work on Vallerand's Power Over Pain research project, which is funded by the National Cancer Institute and focuses on improving functional status in African Americans with cancer pain. Singh spent several months transcribing and coding interviews of people living with cancer in Detroit. In September, he traveled with Vallerand to Phoenix, where she presented at the national conference of the American Society for Pain Management Nursing.

Long before April Hazard Vallerand (right) became Singh's mentor, she recognized his potential to shine.



The trip brought to mind childhood excursions with his parents, when he tagged along to academic conferences across the globe.


Singh was born with beta thalassemia, a disorder that reduces the production of hemoglobin, the iron-containing protein in red blood cells that carries oxygen to cells throughout the body. The condition can result in weakness and fatigue, as well as more serious complications.

As part of his treatment, Singh has undergone monthly blood transfusions since he was 9 months old. The first hint of his future calling came when he shared hospital rooms with children suffering from sickle cell anemia, which is similar to beta thalassemia but results in pain from sickling. "Those kids would scream out in agony," Singh recalls. "It changed my perspective. I vowed to never complain again."

Just as Singh feels called to health care, teaching also seems to be in his blood. In December 2014, he earned his graduate certificate in nursing

education and realized that, like his engineering professor parents, he was a natural in front of the classroom. Singh says he enjoyed teaching clinical, and that experience solidified his decision to be an instructor in the future.

Vallerand is confident that her mentee's well-rounded life to this point will serve him well when he completes his Ph.D. program in 2020 and moves on to his next endeavor, saying, "I think he'd be fabulous as a professorial colleague."

Singh confirms that teaching at WSU is his ultimate goal, adding that Vallerand's instructional style is what sparked that interest. "She was so energetic that she'd make three-hour lectures fly by, telling us anecdotes that really made hundreds of drugs easy to learn," he says. "Dr. Vallerand struck the match when I was an undergrad, and it lit a fire that's still burning and pushing me today. I'm humbled to be presented with this opportunity of a lifetime and thankful to the Robert Wood Johnson Foundation and Wayne State University for their support." 

Dedicated to compassion and humanism in practice

WHITE COAT CEREMONY

Incoming bachelor of science in nursing students participated in the College of Nursing's White Coat Ceremony at the end of August. The third annual event at St. Andrew's Hall on Wayne State's main campus served to emphasize humanistic and compassionate care as the foundations for professional nursing practice, while welcoming 157 B.S.N. students to the college.

Following remarks by Associate Dean for Academic and Clinical Affairs Ramona Benkert and Dean Laurie M. Lauzon Clabo, students were invited to the stage and cloaked with an embroidered white lab coat by members of the undergraduate faculty. The students then recited an oath dedicating themselves to the provision of person-centered, compassionate care.

The ceremony was followed by a reception.



White Coat Ceremony Oath

As a nurse dedicated to providing the highest quality care, I solemnly pledge that I will:

- ☞ Consider the welfare of humanity and relief of suffering my primary concerns.
- ☞ Act in a compassionate and trustworthy manner in all aspects of my care.
- ☞ Apply my knowledge, experience and skills to the best of my ability to assure optimal outcomes for my patients.
- ☞ Exercise sound professional judgment while abiding by legal and ethical requirements.
- ☞ Accept the lifelong obligation to improve my professional knowledge and competence.
- ☞ Promote, advocate for, and strive to protect the health, safety and rights of the patient.

With this pledge, I accept the duties and responsibilities that embody the nursing profession.

I take this oath voluntarily with the full realization of the responsibility with which I am entrusted by the public.



Clockwise from top left: Nancy George cloaks Angela Hart in her personalized lab coat. • Marina Chaplygina takes the oath with her cohort. • Amjed Jadallah and Trevor Renner bask in the moment. • Presenting the incoming B.S.N. class. • Mariam Subeih, Samantha Blaurok and Breonna Weaver enjoy the ceremony. • Kathleen Hartwell-King welcomes Azam Mugalli to the program. • B.S.N. Program Director Katherine Zimmnicki looks on.



Accolades

Presentations and awards



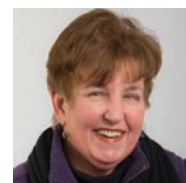
Dr. Cynthia Bell (above) was selected to receive the Midwest Nursing Research Society (MNRS) Junior Researcher Award from the Qualitative Methods Research Interest Group in April 2017. She was also selected for the MNRS Outstanding Research/Best Manuscript Award from the Palliative and End of Life Care Research Interest Group for her article *Refinement of a Conceptual Model for Adolescent Readiness to Engage in End-of-Life Discussions* during the same conference.

Dr. Cynthia Bell was one of 10 participants selected nationally to attend the ONS Foundation Endowment's 2016 Oncology Nurse Scientist Intensive for her submission *Pilot Testing a Readiness Instrument With Adolescent and Young Adults Living With Advanced Cancer*.

Dr. Joan T. Bickes received the Excellence in Public Health Nurse Leadership award for outstanding contribution as a PHN educator from the Michigan Public Health Association Public Health Section.

Dr. Margaret Campbell received the Midwest Nursing Research Society 2017 Distinguished Researcher Award from the Pain and Symptom Management RIG Awards Review Committee in April 2017.

Dr. Margaret Campbell was selected as the 2018 recipient of the Distinguished Research Lecturer Award from the American Association of Critical-Care Nurses.



Dr. Linda Lewin is an editorial reviewer for:

- *Journal of Child and Adolescent Psychiatric Nursing*
- *Journal of Forensic Science and Criminology*
- *Journal of Addictions Nursing*
- *Policy, Politics and Nursing Practice*
- *Journal of Pediatric Nursing*
- *Journal of American Psychiatric Nurses Association*
- *Archives of Psychiatric Nursing*

Dr. Rosalind Peters is a manuscript reviewer for:

- *Journal of School Nursing*
- *Research and Theory for Nursing Practice*
- *Heart & Lung*
- *Research in Nursing and Health*
- *Western Journal of Nursing Research*
- *Clinical Nursing Research*
- *Self Care, Dependent Care and Nursing*

She is an abstract reviewer for:

- Council for the Advancement of Nursing Science
- Midwest Nursing Research Society Annual Conference

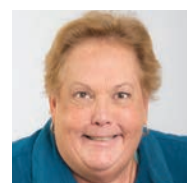
Dr. Barbara Pieper is on the editorial board of the *Journal of Infusion Nursing* and she is an editorial reviewer for *Infusion Nurses Society's 2016 Infusion Therapy Standards of Practice*.



Dr. Thomas Templin and his co-authors received the 2016 *Journal of Midwifery and Women's Health* Best Research Article Award for *Symptoms of*

Depression Predict Negative Birth Outcomes in African American Women: A Pilot Study.

Dr. April Hazard Vallerand was named distinguished professor, bringing the number of distinguished professors at WSU to 27. She was formally appointed to this rank by the WSU Board of Governors on March 27, 2017.



Mary Zugcic is a member of the editorial board for *The Journal of Infusion Nursing* and an editorial reviewer for the Infusion Nurses Society's *2016 Infusion Therapy Standards of Practice*.

Research, grants and funding

Badr, S. (PI) & Yarandi, H. (Co-I). *Sleep Disordered Breathing in Patients With C-Spinal Cord Injury: Mechanisms and Therapy*. National Heart, Lung and Blood Institute. 8/15/16-5/31/21. \$1,597,650.

Badr, S. (PI) & Yarandi, H. (Co-I). *Treatment of Sleep Apnea in Patients With Cervical Spinal Cord Injury*. U.S. Army Medical Research Acquisition Activity. W8XWH-16-1-0436. 8/1/16-7/31/20. \$2,851,225.

Bell, C. (PI) & Kavanaugh, K. (Co-I). *Measuring Readiness to Engage in Discussions With Adolescents and Young Adults Living With Advanced Cancer*. Funding: Oncology Nursing Society. 4/1/14-10/1/15. \$18,000.

Bell, C., Kavanaugh, K. & Kato, I. *Evaluating Feasibility of Social Media Recruitment and Online Data Collection in Adolescents and Young Adults With Cancer*. Funding: University Research Grant. 7/28/15-7/18/19. \$10,000.

Benkert, R. (Co-I Nursing) with Wayne State's Counseling and Psychological Services, College of Nursing, Campus Health Center (Clifton, A., Associate Director, CHC, Nursing) and School of Social Work. *Garrett Lee Smith Campus Suicide Prevention Grant*. Substance Abuse and Mental Health Services Administration. 9/1/2017-8/30/2020. \$305,354.



Benkert, R. (Co-PI, Nursing) & Markova, T. (Co-PI, Family Medicine). *Michigan Area Health Education Center. Health Resources and Services Administration*. 9/1/2017-8/30/2022.

Brown, S. (Director) & Stephens, U. (Co-Director). *Behavioral Health Workforce Education and Training Program*. U.S. Health Resources and Services Administration. 9/30/17-8/31/21. M01HP31389. \$1,891,216.

Campbell, M., Strandmark, J. & Yarandi, H. *Prevalence and Trajectory of Dyspnea or Respiratory Distress Among Patients at the End of Life*. Funding: Blue Cross Blue Shield of Michigan Foundation. 10/1/15-5/31/17. \$10,000.

Campbell, M.L. (PI). *Feasibility Testing of a Hospice Family Caregiver Intervention to Improve Patient Dyspnea Care*. WSU/OVPR Grants Boost. 7/18/16-1/8/18. \$35,000.

Campbell, M.L. (PI), Pieper, B.A. (Co-I) & Yarandi, H. (Co-I; pictured). *An Algorithmic Approach to Ventilator Withdrawal at the End of Life*. National Institute for Nursing Research. 9/27/16-7/31/21. \$2,368,285.

Ellis, D.A. (PI), Naar-King, S. (Co-I), Ondersma, S.J. (Co-I), Carcone, A.M. (Co-I), Buggs-Saxton, C. (Co-I) & Templin, T.N. (Biostatistician). *Effectiveness Trial of an E-Health Intervention to Support Diabetes Care in Minority Youth*. National Institute of Diabetes and Digestive and Kidney Diseases. 1R01DK110075-01A1. 4/1/17-5/3/22. \$3,050,831.

George, N.M. (PI). *Advanced Nursing Education Grant – Enhancing Clinical Education Through Innovative Academic-Practice Partnerships Using a Statewide Collaboration Between Schools of Nursing, FQHCs and the Michigan Area Health Education Center*. Health Resources and Services Administration. 1D09HP29983-02-00. 7/1/16-6/30/19. \$1,948,196.



Gibson-Scipio, W.M. (PI). *Curriculum Assessment Initiative*. State of Michigan/Michigan Department of Health and Human Services. ES20172554. 11/1/16-9/30/17. \$100,000.

Herrington, C.J. (PI). *Comparison of Salivary Cortisol Levels and Galvanic Skin Response in Identifying Pain Response to Heel Stick Under Standard Care, Swaddling and Gentle Human Touch in the NICU*. National Association of Neonatal Nurses. 2017. \$5,000.

Lauzon Clabo, L.M. (PI). *Jonas Center Nurse Leader and Veterans Healthcare Scholars Program*. Jonas Center for Nursing and Veterans Healthcare to support three graduate-level students. 6/1/16-7/31/18. \$30,000.



Lauzon Clabo, L.M. (PI). *Metro Health Foundation Nursing Scholarship Program*. MHF-16-684. 6/1/16-3/31/18. \$24,000.

Lauzon Clabo, L.M. (PI) & Hazard Vallerand, A. (Co-PI). *Robert Wood Johnson Foundation Future of Nursing Scholars Program*. The Robert Wood Johnson Foundation. 4/15/17. \$75,000.

Vallerand, A. (PI). *RWJF Future of Nursing Scholars Program Matching Funding*. Michigan Funders Collaborative: The Community Foundation for Southeastern Michigan, DMC Foundation, Ethel and James Flinn Family Foundation, Blue Cross Blue Shield of Michigan Foundation, and Metro Health Foundation. 2016. \$75,000.

Lichtenberg, P.A. (PI), Luborsky, M.R., Penner, L.A. & **Templin, T.N. (Co-I).** *Michigan Center for African American Aging*. University of Michigan/NIH. 7/1/17-6/30/18. \$202,182.

McNeill, C.F. (PI). *Connecting Our Nurses (CON) Mentoring Program/Mentoring for Doctoral Student Success*. WSU Graduate School. 2017. \$5,000.

Naar-King, Sylvie (PI), Woods, S.P. (Co-PI), Outlaw, A.Y. (Co-I), MacDonell, K.E. (Co-I), Ellis, D.A. (Co-I), Templin, T.N. (Co-I), Nichols, S. (Co-I), Twamley, E.W. (Co-I), Moore, D.J. (Co-I) & Vaida, F. (Co-I). *Targeting PM to Improve HIV Adherence in Adolescents at Risk for Substance Abuse*. National Institute on Drug Abuse (NIDA). 5R01DA034497A-05. 8/1/12-5/31/18. \$2,194,734.

Neal, D. (PI/PD) *21st Century Community Learning Center Grant*. The Michigan Department of Education. 2017-2022. \$2,700,000.



Oliver-McNeil, S. (Co-I). *Heart Failure Studies: Paradise, MI; Pioneer, HF; Guided*. Funded: Wayne State University, Department of Emergency

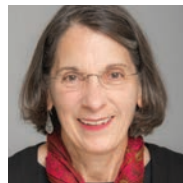
Medicine, Integrative Biosciences Center, Detroit.

Oliver-McNeil, S. (PI) & Benkert, R. (Co-I). *Nurse Education, Practice, Quality and Retention – Veterans' Bachelor of Science in Nursing Program*. Health Resources Services Administration. SUF1HP28521-1. 7/1/15-6/30/18. \$1,220,370.

Outlaw, A.Y. (PI), Naar-King, S. (Co-PI), MacDonell, K.E. (Co-I) & Templin, T.N. (Co-I). *Motivational Enhancement System for Adherence (MESA) for Youth Starting ART*. National Institute of Mental Health. 5R01MH108442-03. 8/1/15-4/30/20. \$2,878,429.

Peters, R.M. (Co-I) (with Giurgescu C., Misra D.P., Stemmer, P., Lydic T., Reiners J.J., Cassidy-Bushrow A.E. & Bobbitt K.R.). *Neighborhood Environment, Lipidomes and Preterm Birth in African American Women*. Funding: Institute for Population Studies, Health Assessment, Administration, Services and Economics. 8/8/16-3/14/17. \$37,649.

Pieper, B. (Co-I) & Cha, R. (PI). *Diabetic Foot Infections Due to Multidrug Resistant Bacteria in Southeastern Michigan: Clinical and Molecular Epidemiology, Outcomes and Therapeutic Approaches*. Funding: Wayne State University, UCARDES Award.



Pieper, B. & Stemmer, P. (Co-PIs). *Protein and Cytokine Indicators of Wound Healing Trajectory*. Funded: Wayne State University, Boost

Award. 4/1/16-5/25/20. \$35,000.

Pieper, B. *Beginning Nursing Students' Exposure to Patients With Wounds and Their Wound Care*. Funding: Sage Travel Grant 2016: Wound Ostomy Continence Conference. June 2016.

Pieper, B. (Co-I), Kaljee, L. & Soback, J. (Co-PIs). *Barriers and Facilitators to Appropriate Consumer Use of Antibiotics in the Detroit Metropolitan Area*. Funding: Wayne State University, UCARDES Award.

Pieper, B. (Mentor) & Bauer, C. (PI). *Pre/Post-Ostomy Hernia Prevention Education for Permanent Stoma Patients*. Funding: William Beaumont Hospital, Daisy Award.

Pieper, B., Keves-Foster, K., **Ashare, J.**, **Zugic, M.**, **Albdour, M.** & **Alhasanat, D.** *Beginning Nursing Students' Clinical Exposure to Patients with Wounds and Their Wound Care in a Fundamentals of Nursing Course*.

Walker, D., Giurgescu, C., Misra, D.P., Stemmer, P., Mathur, A., Lydic, T., Graf, S.L. & Hoffman, M.C. *Chronic Stress, Lipodome Profiles and Preterm Birth in African Americans*. Funding: National Institute of Minority Health and Health Disparities, 1R15 MD011465-01. 6/22/17-5/31/20. \$486,287.

Wilson, F. (PI). *Advanced Nursing Education Grants: Advancing Graduate Nursing Through Enhanced Technology and Interprofessional Education*. Health Resources and Services Administration. 14D09HP26946. 7/1/14-6/30/17. \$1,104,522.

Wilson, F. (PI). *Behavioral Health Workforce Education and Training for Professionals and Paraprofessionals*. Health Resources and Services Administration. G02HP28008. 9/30/14-9/29/17. \$506,237.

Wilson, F. (PI). *Training Nursing and Social Work Students to Become SBIRT Service Providers in Michigan*. Center for Substance Abuse Treatment. SAMHSA-15TI25966A. 09/30/15-09/29/18. \$945,000.



Zimmicki, K. *Workforce Diversity Grant, U.S. Department of Health and Human Services, Health Resources and Services Administration*.

D19HP30865. 7/1/17-6/30/21. \$1,700,000. 🍀

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Adams, J. & **Zugic, M.** (In press). A focus group research study of research and evidence-based practice of infusion nurses. *Journal of Infusion Nursing*.

Albdour, M., **Lewin, L.**, Kavanaugh, K., Hong, J.S. & **Wilson, F.** (2016). Arab American adolescents' perceived stress and bullying experiences: A qualitative study. *Western Journal of Nursing Research*. DOI: 0193945916678214.

Amankwaa, L., Records, K., Roux, G., Stone, S.E. & **Walker, D.S.** (In press). Decreasing disparities and promoting health among U.S. mothers, infants and children. *Policy Brief*. Washington, D.C.: American Academy of Nursing.

Bell, C., Weaver, M., Dickens, D., **Diver, J.**, Smythe, E., Iacoboni, A. & Hinds, P. (2016, October). Assessing adolescent and young adult acceptability of a preliminary instrument measuring readiness to engage in end-of-life discussions within clinical settings. *Psycho-Oncology*, 25: SP/S 3(171-171).

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Buis, L., Hirzel, L., Dawood, R.M., Dawood, K.L., Nichols, L.P., Artinian, N.T., Schwiebert, L., **Yarandi, H.N.**, Roberson, D.N., Piegue, M.A., Mango, L.C. & Levy, P.D. (2017). Text messaging to improve hypertension medication adherence in African-Americans from primary care and emergency department settings: Results from two randomized feasibility studies. *JMIR mHealth and uHealth*, 5(2).

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Campbell, D., Campbell, J., **Yarandi, H.**, O'Connor, A., Dollar, E., et al. (2016). Violence and abuse of internally displaced women survivors of the 2010 Haiti earthquake. *International Journal of Public Health*, 61(8), 981-992.

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Jungquist, C.R., **Vallerand, A.H.**, Sicoutris, C., Kwon, K.N. & Polomano, R.C. (2017). Assessing and managing acute pain: A call to action. *The American Journal of Nursing*, 117(3), S4-S11.

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As Wayne State celebrates its sesquicentennial in 2018, share your commemorative stories by writing to con@wayne.edu.

150 YEARS

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Kiernan, J. & **Vallerand, A.H.** (2016). Cancer as a platform for genetics education in the undergraduate nursing curriculum. *Journal of Nursing Education*, 55(4), 236-239.

Kulik, N.L., **McNeill, C.**, Murphy, A.R. & Iovan, S. (2016). Sexual health knowledge, self-efficacy and behavioral intentions following a health fair for adolescents. *Journal of Community Health Nursing*, 33(3), 119-127.

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Magongo, T.T., Gary, F.A., **Yarandi, H.N.**, Khumalo, P.P. & Mathunjwa-Dlamini, T.R. (2016). Self-reported adherence to anti-retroviral therapy (ART) challenges faced by caregivers of HIV positive children. *International Journal of Innovation and Scientific Research*, 21(1): 43-50.

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Pickett, S., **Peters, R. & Templin, T.N.** (In press). Development and validation of the beliefs and personal weight survey among African-American women. *Advances in Nursing Science*.

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Faculty appointments



Maha Albdour
Assistant Professor



Dalia Alhasan
Assistant Professor



Susan Barnes
Instructor-Clinical



Ronald Beems
Instructor-Clinical



Erik Carter
Assistant Professor-Clinical



Carol Geiger
Instructor-Clinical



Kathleen Hartwell-King
Instructor-Clinical



Noel Koller-Ditto
Instructor-Clinical



Christine Malinowski
Instructor-Clinical



Nicole Murn
Instructor-Clinical



Stefan Smolenski
Instructor-Clinical

Not pictured:
Rachel Collesano
Instructor-Clinical
Kelly Scheff
Instructor-Clinical

Faculty promotions



Olubunmi Daramola
from Instructor-Clinical to Assistant Professor-Clinical



Sarah LeRoy
from Instructor-Clinical to Assistant Professor-Clinical



Cynthera McNeill
from Instructor-Clinical to Assistant Professor-Clinical



Sandra Oliver-McNeil
from Assistant Professor-Clinical to Associate Professor-Clinical



Kristina Aaron
Assistant Dean for Enrollment and Student Services



Eric McCormick
Systems Integrator



Dawn Pauli
from Student Relations Manager to Director, Student and Alumni Engagement and Special Projects, Clinical Placement Liaison

WSU nursing trailblazers



1945

Katharine E. Faville, M.S., RN

First director of the WSU College of Nursing. Set the vision for the college's ongoing commitment to urban health.



1969

Harriet H. Werley, Ph.D., RN, FAAN

Served as the first director of the College of Nursing Center for Health Research chartered in 1969. She was the nation's first nurse informatician. Using standardized clinical data that could be aggregated and analyzed, Werley led efforts to establish a Nursing Minimum Data Set that would include, among other elements, nursing diagnoses, nursing interventions, nursing outcomes and nursing intensity.



1970

Suzanne L. Feetham, Ph.D., RN, FAAN (M.S.N. '69)

Has authored landmark publications advancing the research of families and of the family as context in genetic and genomics. Her research and scholarship in nursing has focused on families, system change in health care, and the integration of genetics and genomics in national education, practice and policy. She joined the WSU College of Nursing faculty in 1970. While at Wayne State, she developed the Feetham Family Functioning Survey. She also held the first Harriet H. Werley Endowed Chair in Nursing Research at the University of Illinois at Chicago from 1996-2001. She was named a Living Legend by the American Academy of Nursing in 2011.



1981

Madeleine Leininger, Ph.D., LHD, DS, RN, CTN, FRCNA, FAAN

A nursing theorist and professor, she developed the concept of transcultural nursing. First published in 1961, her contributions to nursing theory involve the discussion of what it is to care. Her cultural care theory aims to provide culturally congruent nursing care through "cognitively based assistive, supportive, facilitative, or enabling acts or decisions that are mostly tailor-made to fit with individuals', groups' or institutions' cultural values, beliefs and lifeways."



1988

Gloria Smith, Ph.D., RN, FAAN

The fifth dean of the College of Nursing, she was also the first nurse to head the Michigan Department of Public Health.

Class notes

Mohamad (Mike) Chammout (B.S.N. '10) is currently a family nurse practitioner at Berkley Urgent Care and is the president and CEO at Care Provider and Rehab.

Dr. Patrick Crane (D.N.P. '14) was the recipient of the Nursing Education Award by the Lansing State Journal. He is an assistant professor in the undergraduate nursing program at Michigan State University.



Kathleen Hunter (D.N.P. '16) received a national board of director student scholar award from the American Psychiatric

Nurse Association, allowing her to work on a collaborative project with other student scholars at the national conference in October 2017. She is now a board certified psychiatric mental health nurse practitioner working at the Helen DeVos Children's Hospital.

Dr. Elizabeth Kuzma (D.N.P. '14), a clinical assistant professor in the Department of Health Behavior and Biological Sciences at the University of Michigan School of Nursing, was chosen to be a 2017 Faculty Policy Intensive Fellow by the American Association of Colleges of Nursing.

Lisa Lange, ANP-BC, AOCN (B.S.N. '89, M.S.N. '98) of the Karmanos Cancer

Institute, was recently promoted to vice president of the Clinical Trials Office. In her new position, Lange is responsible for coordinating, facilitating and reporting on clinical trials throughout Karmanos Cancer Institute's system-wide network.



Jacquelyn Taylor (B.S.N. '99, M.S.N. '02, Ph.D. '04) was selected by President Barack Obama to receive Presidential Early Career Awards for Scientists and

Engineers (PECASE), the highest honor bestowed by the U.S. government on science and engineering professionals in the early stages of their independent research careers. She is the third nurse scientist ever to receive it. Taylor is an associate professor of nursing and the associate dean of diversity and inclusion at the Yale School of Nursing.

Tim Sparling, RN, AGPCNP-BC, ACHPN (D.N.P. '13) is the Survivorship and Advanced Illness Management coordinator at the Bronson Battle Creek Cancer Care Center. Sparling also serves as the Southwest Chapter president of the Michigan Council of Nurse Practitioners.

The West Virginia Tucker County Chamber named **Veronica Staron** (B.S.N. '83) its 2017 Tuckineer in recognition of the numerous hours she has devoted to volunteering in the community. She

is a retired captain of the West Virginia Army National Guard and is currently the director of Blackwater Ministerial Food Pantry as well as a member of the Tucker County Emergency Planning Committee, the Tucker County Veteran's Honor Guard, the Canaan Valley Volunteer Fire Department Women's Auxiliary and Friends of Cortland Acres. She also is a Mountain Hospice board member.

Joel Timm, RN (B.S.N. '11) was recently recognized by Lurie Children's Hospital of Chicago for excellent caregiving in the hospital's emergency care center.

In memoriam



Elizabeth Mae Edwards (B.S.N. '48) passed away on March 17, 2017, at the age of 91. She graduated from Wayne State with a Public Health Nurse Certificate

Equivalent. During her nursing career, she worked as a Henry Ford Hospital nurse and a public health nurse for the Detroit Health Department and the Macomb County Health Department. Elizabeth was an organist, pianist and choir director at Good Shepherd United Methodist Church in St. Clair Shores for more than 53 years. She was predeceased by husband Robert, to whom she was married for 50 years, and is survived by children David (Judith) Edwards, Susan (Michael, deceased) Santoro, and grandson Michael Santoro. 🙏



From left: **Marchel Richardson Phillips** (B.S.N. '67), **Lillie Pettway Leverett** (B.S.N. '67) and **Earline Washington Small** (B.S.N. '67) recently attended Cass High School Health and Welfare program's 50th reunion. They attended the College of Nursing together and have remained close over the years.

Send your updates and photos to con@wayne.edu.



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