

## **CLINCIAL HANDBOOK**

# ADULT GERONTOLOGY NURSE PRACTITIONER PRIMARY CARE (AGNP-PC)



Wayne State University College of Nursing

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### Dear Nurse Practitioner Student:

This letter is to provide you with information regarding clinical requirements for students taking clinical courses in the Adult and Gerontological Primary Care Program. Please read the following information carefully and refer to the enclosed packet to complete all required documents.

## Clinical Preceptors and Clinical Hours

All students are required to take ownership in the process of locating and maintaining appropriate clinical preceptors and sites during their clinical courses. The WSU College of Nursing Clinical Placement Coordinator will assist in this process. Preceptors must be *nationally* certified Primary Care Adult Nurse Practitioners, FNPs, GNPs or Board Certified Physicians (MD or DO) in the state of Michigan, or the state in which they practice. If you have an out of state preceptor, you must be licensed as a nurse in that state, as well as in the State of Michigan. All preceptors must be nationally board certified to practice in the U.S.

Preceptors are considered appropriate if they are 1) committed to providing access to patients, 2) have the time as well as the willingness to teach the student, and 3) practice in a location that has the opportunity to provide clinical experience that permits the student to meet course objectives. When considering a preceptor, students are *strongly encouraged to visit* the practice site and shadow the preceptor for a brief period (e.g., half-day). During this time the student can assess the site for adequacy of patient population, and unique learning opportunities (e.g. diagnostic testing, suturing, casting, joint injections and aspirations, wound debridement, biopsies, x-ray and EKG interpretation, etc.). The visit can also provide the student with the necessary insight to determine if there is a match between your learning needs, preceptor attributes, and clinical site characteristics (e.g., distance). Students are encouraged to make their selection by seeking sites that provide learning opportunities and that will allow them to meet course objectives (please see enclosed course objectives and topical outline).

All students are required to complete a specified number of clinical hours during each of the three clinical semesters. In order to meet these requirements, students will schedule clinical hours as specified under the "Current Guidelines for Clinical: Adult and Gerontological Primary Care Nurse Practitioner Program" section of this document.

Clustering clinical days at the beginning or at the end of the semester is not acceptable unless there are special circumstances. Students must notify the course coordinator of their unique needs in advance. Based on the student's needs and the course requirements, the course coordinator will determine if an alternate plan can be established. Clinical time cannot be scheduled during routine University closure (Holiday Breaks).

## Preceptor Request Forms & Agreement to Serve Forms

Preceptor Request forms (Form 1) and Agreement to serve forms (Form 2) are to be completed and returned by email attachment no later than dates as specified below to:

## Dr. Cynthera McNeill, Clinical Coordinator, AGPCNP Program, email address: aq6139@wayne.edu

It is suggested that the student schedule an appointment with their prospective preceptors expressly for the purpose of completing these forms and that the student leave the meeting with the completed forms in hand. All forms identified in this letter must be submitted in accordance with the guidelines provided. Forms that are incomplete will not be processed until they are completed. It is suggested that students keep photocopies of all submitted forms for their records.

### Health Requirements, Liability Insurance, CPR,

All graduate students must submit required forms for health, liability insurance, and CPR prior to participating in clinical activities in accordance with the Office of Student Affairs (OSA) guidelines and deadlines. The deadline for the Fall 2017 semester for submission of OSA requirements is August 1, 2017. Failure to have documentation in as required could result in a penalty. Failure to submit documents as required prior to the subsequent deadlines set by OSA for the winter semester and spring-summer semesters also could result in a penalty. For information regarding these requirements, contact the OSA.

In order for you to prepare accordingly for future courses, there is an expectation that you will attend the first day of the class for the following courses: 7030, 8675, 8685, and 8695.

Should you have any questions regarding this letter please do not hesitate to e-mail me at aq6139@wayne.edu.

Sincerely,

## Dr. Cynthera McNeill, DNP, APRN, AGPCNP-C

Graduate Specialty Coordinator, Adult-Gerontology Primary Care Nurse Practitioner Program Wayne State University, College of Nursing 5557 Cass Avenue, 237 Cohn Bldg Detroit, MI 48202

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### **COLLEGE OF NURSING**

### Mission

The mission of the College of Nursing is to create and translate knowledge and to educate a diverse student body prepared to excel as clinicians, scholars, and leaders who improve health in local and global communities.

### Vision

The College of Nursing will be the leader in nursing research and education, known for our commitment to and impact on urban health.

### **Values**

As the College of Nursing, we commit to the values of Wayne State University. While our vision and mission show where we want to go, our values guide us on the way. Our values bind us culturally and permeate our strategic and tactical initiatives. They are the defining traits of the Wayne State community.

- Collaboration: When we work together, drawing upon various talents and perspectives, we achieve better results.
- Integrity: We keep our word, live up to our commitments and are accountable to ourselves and each other.
- Innovation: We are unafraid to try new things and learn by both failure and success.
- Excellence: We strive for the highest quality outcomes in everything we do.
- Diversity and Inclusion: We value all people and understand that their unique experiences, talents and perspectives make us a stronger organization and better people.

## **History**

Established in 1945, the College of Nursing is consistently ranked among the top graduate schools of nursing in the nation (*U.S. News & World Report*), and is accredited by the Commission for Collegiate Nursing Education. The College of Nursing offers programs leading to B.S.N., M.S.N., DNP and Ph.D. in nursing degrees.

The Wayne State University College of Nursing, a Carnegie Research Productive institution, is internationally recognized for educating graduate and undergraduate students as practitioners and scholars who provide leadership for the nursing profession. The College is committed to research and scholarly activity that contributes to the body of knowledge of care and the human health experience in diverse environmental contexts. Moreover, the College excels in the development, application, and dissemination of knowledge to promote the health and well-being of society through teaching, research, and public service.

### About the DNP

Recent interest in the practice-focused doctorate in nursing was spurred by reports of multiple weaknesses in the current health care systems. The American Association of Colleges of Nursing (AACN) Task Force in October of 2004 endorsed a position statement recommending innovative change in the educational requirement for the advance practice-focused nurse, from the current master's educational level to the doctorate level by the year 2015. The role of these doctorally-prepared, practice-focused advance practice nurses is to improve patient care and patient safety, strengthen translational research skills and utilization, improve access to care, and enhance health policy promotion and development.

## **DNP Terminal Objectives:**

## Scientific Underpinning for Clinical Prevention and Population Health Practice

- 1. Provide advance practice nursing care to individuals, families and/or populations that is ethical, and science-based.
- 2. Develop and initiate new innovative practice approaches based on theories from nursing and other disciplines.
- 3. Analyze, synthesize and evaluate accessibility and quality of care across diverse, underserved and vulnerable populations.
- 4. Utilize the determinants of health for individuals and/or aggregates/communities for diverse, underserved and vulnerable populations.

## **Analytical Methodologies and Technological Utilization**

- 5. Critically appraise, disseminate and translate science to advance the quality and accessibility of care.
- 6. Demonstrate advanced clinical investigative competencies to evaluate clinical outcomes and systems of care.
- 7. Use information technology in design, selection, use and evaluation of programs to advance the accessibility of care.
- 8. Critically appraise, disseminate and translate innovative technological advancement to improve the quality and accessibility of care.

## Leadership and Interdisciplinary Collaboration in Health Care Systems

- 9. Demonstrate leadership in communication and collaborative skills as agents of change that improves accessibility to quality health care for diverse, underserved and vulnerable populations.
- 10. Analyze emerging clinical patterns and develop delivery approaches to care that deals with complex problems within the practices settings, health care organizations, and communities.

### **Health Policy**

11. Shape the health care policy debate for vulnerable populations and nursing in the local, national and/or global arenas.

### COLLEGE ACCREDITATION

The College of Nursing Undergraduate and Graduate Programs are accredited by the Commission on Collegiate Nursing Education from April, 2013 to April, 2023. The Commission on Collegiate Nursing Education is a resource for information regarding the Nursing program.

Information may be obtained by writing or telephoning them directly at:

Commission on Collegiate Nursing Education Suite 530
Washington DC, 20036-1120
Telephone: (202) 887-6791 FAX: (202) 887-8476
Internet: http://www.aacn.nche.edu/CCNE/reports/accprog.asp

The Family Nurse Practitioner Tracks are approved by the American Nurses Credentialing Center (ANCC). You may contact them at www.nursingworld.org or by calling 1-800-284-2378.

The Doctorate of Nurse Practice Program is fully accredited since October, 2010 by The Commission on Collegiate Nursing Education. Information may be obtained by writing or telephoning them directly at:

Commission on Collegiate Nursing Education Suite 530 Washington DC, 20036-1120 Telephone: (202) 887-6791 FAX: (202) 887-8476

Internet: http://www.aacn.nche.edu/CCNE/reports/accprog.asp

## Benefits of being a WSU CON Clinical Preceptor:

- Eligibility to apply for **Volunteer** (**Adjunct**) **Faculty status**.
  - o To apply for volunteer faculty status, please contact, Elizabeth Moen, Faculty Liason at (313) 577 4070 or ab2022@wayne.edu.

Networked into a CON website with clinical instructor/preceptor communication and updates.

• Possible eligibility to use preceptor efforts toward the requirements of ANCC and other accrediting bodies for the accrual of continuing education credit.

## **CLINICAL EVALUATION**

Clinical experience will be evaluated through:

- Preceptor observation, verbal communication with the student.
- Student self-evaluation.
- Agency preceptor's written evaluation via the electronic evaluation at the midterm and end of the semester.
- Faculty observation, verbal communication with the student, written work,
- Faculty reserve the right to alter clinical experiences, including removal from client care areas, of
  any student to maintain patient safety and to provide instructional experiences to support student
  learning.
- Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form.
  - All areas are to be rated.
  - A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance.
  - The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.
  - o A rating of less than satisfactory in any of the areas at semester end will constitute an unsatisfactory course grade.
- The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit.
- The faculty member will document or summarize each conference on the Advisement Record.
  - o This summary will be signed by the faculty member and student.
  - o Mid-rotation evaluation conferences will be made available to each student.
  - o **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each clinical rotation.
  - A student may request additional conferences at any time by contacting the clinical faculty.

## Pre-Requisites for Adult and Gerontological Primary Care Clinical Courses

## (IF YOU WANT TO SELECT YOUR OWN PRECEPTOR and YOU HAVE DISCUSSED IT WITH Dr. McNeill )

- 1. The student initiates the process by identifying a preceptor, confirming preceptors willingness to work with student and meeting with Dr. McNeill to discuss this site as an option for clinical.
- 2. The student <u>may not</u> utilize a preceptor from the same clinic or unit where the student is currently employed.
- 3. If the student desires to continue with a preceptor from the previous semester, a detailed email request for the repeat is required. The email should include the preceptor's name and site information and why you want to repeat. Approval is not guaranteed because it is important that students have diverse experiences in settings and population characteristics.
- 4. Students will complete form 1, and the top portion or as much as possible on form 2 in order to reduce burden on the preceptor. Preceptors will complete the remaining components of form 2 that cannot be completed by the student.
- 5. The preceptor's Curriculum Vitae (CV), AKA resume and certification from accrediting body, if they are an NP, need to be submitted. It is the student's responsibility to ensure these are submitted if not already on file.
- 6. Students return forms 1 and 2 and the CV to Dr. McNeill at aq6139@wayne.edu
- 7. Attach the preceptor's business card to the forms: this is beneficial because it identifies the preceptor's credentials and specialty area. Incomplete forms will be returned to the student and may result in delayed initiation of clinical.
- 8. The student submits completed forms 1 & 2 to the Clinical Placement Coordinator for review. If the forms are complete, they will be processed for approval.
- 9. Both sites for a semester must be approved no later than June 23, 2017 for Fall 2017 clinicals, October 27, 2017 for Winter 2018 clinicals, and February 23, 2018 for a Spring/Summer 2016 clinicals. Forms will not be processed during University closures. Failure by the student to submit all documents in time for routine processing and preceptor approval can result in a delay of clinical start in the course.
- 10. In addition to assisting in finding a clinical preceptor, prior to each semester students are responsible for contacting the Office of Student Affairs to assure that all health, licensing, CPR, and liability requirements are up to date. Please give yourself time to complete by deadlines. Failure to complete on time could result in a penalty.
- 11. Students will receive a copy of their clinical permit from the Course Coordinator at the beginning of each term, verifying that the student has met the OSA requirements to begin clinical. It is expected that the student present a copy of this permit to their preceptors, and carry the original with them at all times

while they are in their clinical sites.

### **Current Guidelines for Clinical: Adult-Gerontology Primary Care Nurse Practitioner Program**

Each student will need two preceptors for the upcoming semesters. A primary preceptor will offer an internal medicine experience for two semesters and it is encouraged that each student experience a geriatric experience for one semester. Many employers have geriatric clients in Long Term Care facilities such as Nursing Homes or Assisted Living facilities. They look for potential employees to have geriatric experiences that include caring for such individuals. Having such an experience makes you more marketable as a new Nurse Practitioner once you graduate. The geriatric experience may be in a Primary Care Practice that sees a high volume of geriatric clients, a nursing home, geriatric assessment clinic, or other facility providing primary care to a geriatric population. A second preceptor will provide an alternative experience (i.e., gynecologic, adolescent health, or urgent care)... Urgent care may be best reserved for the second and final clinical course, during the winter and spring-summer rotations respectively.

### **Current Clinical Hours & Start Times for Each Term**

Fall Clinical Course 1: clinical hours begin day after first lecture
Winter Clinical Course 2: clinical hours begin day after first lecture
Spring/Summer Clinical Course 3: clinical hours begin day after first lecture

At this time, each of the above courses requires 12-16 hours of clinical per week, with a breakdown as follows:

PLEASE NOTE - THESE ARE SUBJECT TO CHANGE. Refer to course syllabus.

Clinical Course 1 (Fall term): 15 weeks X 12 hours =180 hours Clinical Course 2 (Winter term): 15 weeks X 12 hours=180 hours Clinical Course 3 (Spring/Summer term) 15 weeks X 12 hours=180 hours

Program Total 540 hours (Minimal)

## At this time, for each term you will need 16 hours of clinical per week.

Day 1: Needs to be in internal medicine primary care site or geriatric centered service experience. At least one of your three IM rotations should be gero-specific, either in a long-term care, assisted living, sub-acute facility, Primary Care Practice that sees a high concentration of geriatric clients or geriatric assessment clinic.

Day 2: Needs to be either be gynecology, urgent care, or adolescent. You will need each of these in order to meet the program requirements for graduation.

## **IMPORTANT - Additional information**

- 1. Minimum age limit of a patient that can be seen in ANY clinical rotation by an adult NP student is ≥12 years old. Also, patients cannot be seen for pregnancy/obstetrically related issues. A preceptor may not supervise your care of patients outside the scope of their practice as defined by their certification (e.g., A woman's health NP cannot oversee your patient care of a male patient if you are in an internal medicine or family practice clinic; an acute care certified NP cannot oversee you in a primary care setting, etc.). Please be sure to share this information with preceptors.
- 2. While the preference is for students to be precepted by nurse practitioners certified in Primary Care Adult Nurse Practitioners, FNPs, GNPs, students may opt to be precepted by physicians and physician assistants (PAs). The program limits the use of PAs as preceptors to one rotation over the course of the three clinical courses (six clinical rotations).
- 3. NOTE: you should not schedule yourself to attend clinical until after you have met with your clinical nurse consultant on the first night of class.
- **4.** You may not attend clinical during University Holidays or closures, unless pre-arranged by permission of Clinical Course Coordinator and Graduate Specialty Coordinator for the AGPCNP program.

### WAYNE STATE UNIVERSITY COLLEGE OF NURSING

## **GRADUATE PRECEPTOR REQUEST FORM (form #1)**

<b>COURSE INFORMATION:</b>	Course Number: NUR		
Ser	nester:		
Rotation type request (check or	ne): Primary Card Geriatrics (I Adolescent	IM)	
	Naticescent Urgent Care		
	Gynecology		
	Gynccology	'	
STUDENT INFORMATION:			
Name			
Address			
C1ty	State	Zip	
Home Phone			
Mobile			
DAY of week at site			
PROPOSED PRECEPTOR IN	FORMATION:		
	Secure a Business Card (In this s that inclu Name, Title, Employn Telephone #, Fax, E Corporate Ide	spot) udes: ment Site Address E-mail address.	
Name/Title	•	v	
Work Address			
City	State		
Phone	e-Mail		<del></del>
Mailing Address (if different from	above):		
City_Phone	State		Zip
Phone	E-Mail		
Office Manager:			
Provide the following information			
Name/Title			•
Tiumo/ Titto			
Mailing Address:			
Email address:			
Telephone # & Area Code:			
WSU CON Use Only Below This Line			

Approved $\square$ or Not Approved $\square$		Signature	Date	_
Contract on File	Vavne State I	•	ollege of Nursing	
GRADUA	TE PRECEPT	OR AGREEMI	ENT TO SERVE (form #2)	
Student Name:		_Semester/year: _		
Dates (inclusive):				
Preceptor's Name/Title		Phone#: ( )		
Employer (Corporate):				
Employer's Address:				
City: Zip	Code:	Work Phone (	)	
Work Fax ( ) Pa	ager	Other	· ()	
E- Mail address:			_	
Mailing Address (if different from at	oove):			
			Zip	
PhoneE	E-Mail			
Michigan RN License Number:		Expiratio	on Date:	
APN Certification (specify specialty)			Expiration Date:	
Certifying Body (ANCC or AANP)		((	Copy of certification MUST be on file in CO	N)
Michigan MD or DO License Number:			Expiration Date:	
Specialty Board Certification:				
Please submit cv/resume if one is not alreplease submit copy of specialty APN cer	eady on file.			
Preferred method of contact:				
Student Completes:				
I agree to act as preceptor for:			in NUR	
during the (term, year) semester.	student's n	name		
Preceptor Signature:			Date:	
Scan and return as an email attachmen				

Dr. Cynthera McNeill, Clinical Coordinator, AGPCNP Program

Email: aq6139@wayne.edu

Wayne State University College of Nursing

## RESPONSIBILITIES OF PRECEPTORS, GRADUATE STUDENTS AND FACULTY

#### **Preceptor:**

- 1. Complete <u>Graduate Preceptor Agreement to Serve</u>.
- 2. Review course and student-identified objectives and guide students toward experiences which will enable student to meet these objectives.
- 3. Socialize graduate students to the clinical setting by introducing them to staff and acquainting them with policies and procedures.
- 4. Model professional role behaviors.
- 5. Assist graduate students in application of theory to practice situations.
- 6. Maintain ongoing communication with faculty regarding student's performance.

#### **Graduate Student:**

- 1. Provide preceptor with information packet.
- 2. Identify specific objectives for each clinical experience and share these with the preceptor and faculty.
- 3. Prepare adequately for the clinical experience and other projects.
- 4. Meet planned time commitments.
- 5. Implement plan of action activities to meet stated objectives.
- 6. Communicate clearly with preceptor and faculty regarding needs, limitations, progress, and expectations.
- 7. Demonstrate accountability for actions and safe practice.
- 8. Display appropriate professional and social behaviors (e.g. punctuality; completing assigned tasks).

#### **Course Faculty:**

- 1. Communicate information regarding course objectives, student learning needs, time commitments, and other pertinent issues to preceptor.
- 2. Meet with preceptor and graduate student together, in the clinical site, at least once during the course of the semester and additionally as needed
- 3. Demonstrate responsibility for evaluation and grading of student's clinical logs in Typhon and overall clinical experience(s).

## Clinical Course I - NUR 8675 Primary Prevention Strategies in Primary Care

### Course Overview:

NUR 8675 is the first of a 3-course sequence designed to enable students to advance their knowledge and prepare them to function capably as Adult or Gerontological Nurse Practitioner in primary care. The student utilizes systematic history taking and physical examination techniques in the collection of pertinent client data. The student determines managerial decisions, including primary prevention strategies, within the context of primary care practice. Commitment to inquiry and critical thinking and to concepts of primary care is essential to accomplish the objectives of these courses. The student deliberately advances nursing practice through theoretical and clinical study that is directed toward the comprehension, application, analysis and synthesis of the following theoretical bases:

- 1. Community-based primary care
- 2. Primary care attributes
- 3. Clinical decision making in primary care
- 4. Practice models and the history of primary care nurse practitioner practice
- 5. Selected clinical entities
- 6. Primary prevention and disease prevention interventions

The student utilizes critical thinking in systematic history taking and physical examination techniques in the collection of pertinent client data. The student determines health and illness management approaches within the context of primary care practice. Selected clinical entities will be discussed, and the application of the pharmacotherapeutics and advanced nursing interventions will be integrated into overall clinical management. As a professional and adult learner, the student is accountable to clients, families, peers, faculty and other health professionals while developing expertise as an advanced practice nurse in primary care. In keeping with the philosophy of graduate education in clinical nursing and to meet the objectives of Nursing 7155, it is essential that the student use the clinical environment and the client/student interaction as the major resource for learning advanced nursing practice.

## **Course Objectives:**

- 1. Analyze the theoretical foundations and research basis of selected concepts of primary prevention, health promotion, disease prevention, community-based primary care, and nursing intervention typologies.
- 2. Apply the concepts of primary prevention, health promotion, disease prevention, and community-based primary care in adult primary care nursing practice.
- 3. Use advanced health assessment knowledge and skill to determine the health status of adolescents and adults, including older adults.
- 4. Apply knowledge of pathophysiology, pharmacotherapeutics, and advanced nursing interventions to the clinical management of common primary care health problems for adolescents and adults, including older adults.
- 5. Exercise clinical decision-making using assessment data to make the diagnosis and determine the management plan for common primary care problems.
- 6. Utilize evidence-based and research findings to analyze health status and to resolve common primary care health problems.
- 7. Adapt selected nursing interventions within the behavioral and health system domains (teaching, counseling, and referral) to the context of urban heath.

## Clinical Course II - NUR 8685 Clinical Decision Making in Adult Primary Care

## **Course Overview:**

The course is the second of three clinical courses in the Adult and Gerontology Primary Care program. Continues health promotion orientation and integrates developmental concepts for the middle and older adult populations. Content regarding the diagnosis and treatment of the most common illnesses is presented within a primary care framework that emphasizes communication and mutuality. A clinical practicum reinforces and extends didactic experiences.

In this course, the student will receive content on the analysis of managerial decisions in primary care of adults and older adults, as well as the application of conceptual frameworks to nursing practice. Emphasis throughout the course is on the management of episodic and chronic disease health problems.

## **Course Objectives:**

- 1. Exercise clinical judgment in the practice of primary care nursing.
- 2. Demonstrate proficiency in the performance of multidimensional advanced health assessment of adults and adolescents.
- 3. Exercise clinical judgment in the assessment and management of episodic health issues of adults.
- 4. Apply selected theories of communication, caring and diversity to interventions of counseling, teaching and referral.

## Clinical Course III - NUR 8695 Primary Care Management and Evaluation

## **Course Overview:**

The course prepares the students to synthesize the experience of providing community-based primary care nursing within the framework of evaluation. The emphasis is on the process and constructs of evaluating nursing care and the patterns of providing primary care services. Professional practice issues related to the delivery of primary care nursing services are critically examined.

## **Course Objectives:**

At the end of the course, the student will be able to:

- 1. Continue to exercise sound clinical judgment in primary nursing management of common health problems encountered in primary care.
- 2. Critique primary care practice using established guidelines and evaluation frameworks.
- 3. Develop skills of collaboration and negotiation in advanced practice nursing.
- 4. Utilize appropriate theories in the analysis and evaluation of primary care nursing practice.
- 5. Synthesize professional practice issues related to the delivery of primary care nursing.